

*RAM*

A Brief Summary of MIAS Research Lab Meeting - Dec. 13, 1984

First, Bob wanted all present to know, in "BIG RED LETTERS" how very grateful he was for all the effort, time and energy given by everyone present, with a special thanks to Rita and Martin for all they have done in the Explorer work for the past eight months.

SALIENT POINTS DISCUSSED

1. A total of 226 sessions have taken place; 58 subjects total, with individual Explorers having anywhere from one to forty sessions.
2. A need to share the information with the community.
3. A need for good, working equipment; at the very least one working GSR.
4. Financial need - whether to charge for initial one-to-one sessions to pay for above, until the individual is invited back to participate in further research. Policy will be sent out and effective Jan., 1985.
5. How to handle those people who wish to come for one-to-one sessions for a month or week at a time.
6. Pro-tem, lab will continue to operate on a volunteer basis. Joe has offered to supervise lab activities for Bob, so that he may put his time and efforts in other related projects. (In further talking with Bob and Joe, the following are the areas for which Joe will be responsible:)
  - A. Coordinating a suitable lab schedule with Rita for Explorer & One-To-One sessions, tape making, other research activities.
  - B. Designing various research protocols.
  - C. Seeing that equipment is maintained in good, working order.
  - D. Interfacing with Jean regarding outside research efforts by professional members and responding to them directly when needed.
  - E. Fielding requests for lab supplies, materials, equipment, etc., and coordinating such with the office.
7. Suggestion to have dual or triple Explorer, Explorer Sessions.
8. Bob plans to initiate more research, including introducing light and video, use of different Hemi-Sync frequencies with more exotic patterns, de-synchronization, various other new methods and techniques. This would start with the inner core staff first, then move out to other subjects.
9. Start Explorer sessions among staff members for better subjective understanding.
10. Question of what to do with existing Explorer tapes, data, information.
11. Desire to start hardware development.
12. Suggestion to follow up on some of the Explorer's information such as having fructose available after sessions, conducting sessions from 6-9p.m., etc.

SHORT RANGE GOALS

1. Rita, et.al., to continue with Explorer work.
2. Get minimal instrumentation needed.(Start now with vibrator & neg. ionizer)
3. Develop & process the extant Explorer data (200+ tapes to evaluate, transcribe and determine dissemination process)
4. Interaction among staff in Explorer mode.
5. Use above group to test new methods, techniques, frequencies.

LONG RANGE GOALS

1. Get consensus data on Explorer information to use in our culture.
2. Disseminate above information to culture.
3. Such information would include the philosophical overview and practical applications.
4. Build toward a "Consciousness Sputnik" which will force all cultures to say, "Hey, we'd better do something!" -- toward the end of changing peoples' concepts. (A red ball of light over the Monument??)

In closing, it was decided there would be monthly meetings of the lab staff; The next one tentatively scheduled for mid-January.

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Those present at meeting:

Bob Monroe  
Rita & Martin Warren  
Joe and Scooter McMoneagle

David Wallis  
Dave Mulvey  
Darlene Miller